

# Create a Story Jar

According to the Kumeyaay people, all the knowledge they needed to live as they did was given to them at the beginning, in stories from their creator. They had a deep understanding of the stars, seasons, processes, and living things. For that knowledge to live on, the stories had to continue being told from generation to generation.

Have you ever learned about something from a story? Stories, shared from others, can teach us more about ourselves and our understanding of the world we live in. They can be a way of connecting us to people and place—of discovering things we didn't know we had in common or giving us a new point of view.

## Ideas for your Story Jar:

*Describe a time you overcame one of your fears*

*What is your earliest memory?*

*Describe your favorite place in nature. How did you discover it? What does it look like? How does it make you feel?*

## Materials:

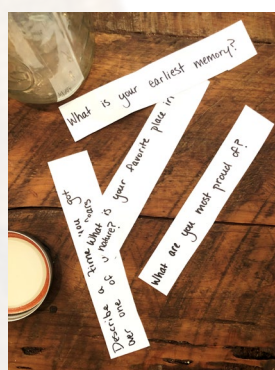
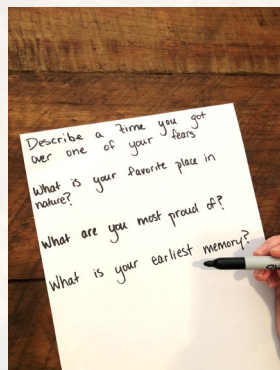
Paper

Pencil, pen, or marker

Scissors

Jar or other container

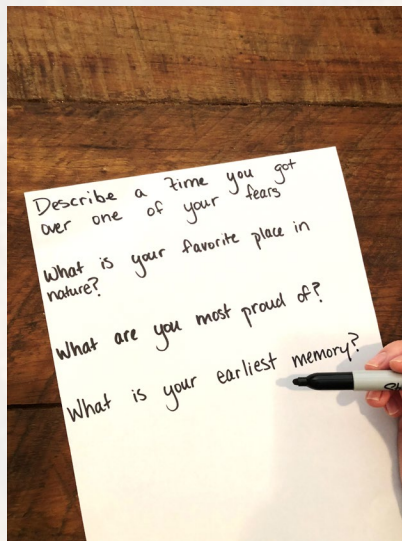
Decorations (Markers, crayons, paint, stickers, etc.)



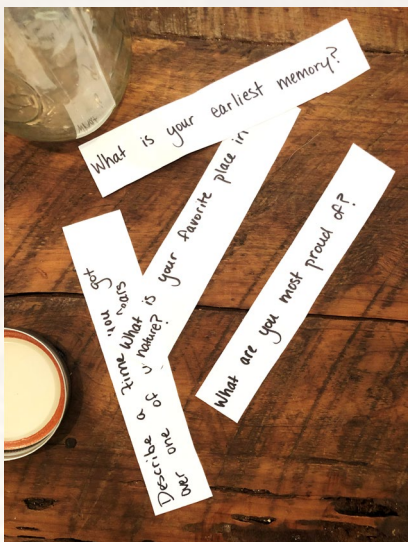
# Create a Story Jar



1. Start by gathering your materials and selecting a project space.



2. Brainstorm story prompts and write them across your paper. What would make an interesting story?



2. Cut your story prompts into strips.



2. Fold them up and put them into your jar. Save them for storytelling with family and friends!