

NOSH • NIBBLES • NOMS



# THE FLYING SQUIRREL

OPEN 7 DAYS A WEEK 10 AM - 4 PM\*

## DRINKS

### CUPPA' JOE

	Small	Large
Espresso	3	
Drip Coffee	2	2.5
Americano	3	3.5
Cappuccino	4.75	5.25
Latte	5	5.5
Mocha	5.25	5.75
Hot Chocolate	4.75	5.25
Tea	3	3.5

  
**ADD SYRUP (+.50)**  
 HOUSEMADE | ALL-NATURAL  
 ASK WHAT FLAVORS  
 ARE FRESH TODAY

**ADD ESPRESSO  
 SHOT (+1.50)**

### { ON THE ROCKS }

	Small	Large
Iced Drip Coffee	3	3.5
Cold Brew	4.5	5
Iced Latte	5	5.5
Iced Mocha	5.25	5.75

### THIRST QUENCHING

### { FRESHLY MADE }

	Small	Large
Lavender Lemonade	5	6
Strawberry Lemonade	5	6
Iced Tea	3	3.5

  
**LEMONADE  
 FLAVORS**  
 (all natural)

### { BOTTLED UP }

	Small	Large
Apple Juice	1.5	2.75
Coconut Water		4
GT's Kombucha		5
Horizon Organic Milks	3.75	
Naked Juice Smoothies	5.5	
Sparkling Water		3
Still Water		2
Mi Mate (Yerba Mate)		5

## FROM THE KITCHEN

Served 11 AM - 3:00 PM daily\*

Select Items can be made Gluten Free and Vegan = GF/V

**Grand Grilled PB&J** **GF - 7.5**  
 House-made honey roasted peanut butter with seasonal jam and fresh berries on thick-cut country white bread

**"Top Shelf" Grilled Cheese** **GF/V - 9.5**  
 Gouda, provolone, muenster, tomato, avocado, roasted pepper cilantro aioli

**Veggiesaurus Rex** **GF/V - 9.5**  
 Marinated yellow squash, zucchini, garlic, shallots, balsamic vinegar, fresh herbs, pesto, feta, roma tomatoes on rosemary sourdough

**The Firebird** **\*GF/V - 10.5**  
 Spicy marinated chicken, pepper jack cheese, guajillo sun-dried tomato aioli, poblano verde sauce, bibb lettuce, fajita veggies on brioche bun

**Carnivore's Delight** **\*GF - 12**  
 Pastrami, prosciutto, gruyere, caper castlevertrano tapenade, basil, chive dijon aioli, arugula, Asian pear on jalapeño cheddar sourdough

**4-Cheese Mac n' Cheese** **9.5**  
 Sharp white cheddar, parmesan, romano, and asiago cheese, béchamel sauce with seasoned bread crumbs and fresh herbs

**Sub - Beyond Patty\*** **3.5**

SIDES	Small	Large	Add-ons	
Corn Chowder	3	6	Bacon	2
Terra Chips	3	6	Avocado	2
Chef's Seasonal	3	6	Turkey/Ham	2
Soup			Beyond Burger	5
			Chicken	3.5

### FOR THE KITS

**Kits PB&J** **5**  
 Artisan white bread with house-made spreads

**Kits Mac n' Cheese** **5**  
 White cheddar, parmesan, romano, asiago cheese with bread crumbs

**Kits Grilled Cheese** **5**  
 A spectacular grilled three-cheese delight

## GRAB + GO

FRESH+SEASONAL+ROTATING

\*\*\*Items made fresh daily, selections subject to availability\*\*\*

For information on our seasonal Grab n' Go selections visit:

[www.sdnhm.org/visit/amenities/the-flying-squirrel-cafe/](http://www.sdnhm.org/visit/amenities/the-flying-squirrel-cafe/)

\*Hours may vary. Please visit sdnat.org for updated hours  
 Designed & developed by Chef Reid Nichols & The Flying Squirrel Team